

2017 窩心慢日子活動行程表

活動行程表：2017.11~2018.3

活動時間 Time	活動項目 Activities	活動費用 Activities Fee	集合地點 Assembly Place
08:30 ~ 10:30 活動前一天晚上 21:00 前報名 Registration before 9:00pm by the day before	滿州茶香之旅 (A) Manzhou Tea Tour	NT\$300/ 位 per person (二人成行)	飯店大廳 Hotel Lobby
14:30 ~ 17:30 活動報名為中午 12:00 前 Registration before 12:00pm of the day	西海岸暖心之旅 (A) West Coast Soothing Tour	NT 500 / 大人 Adult NT 300 / 小孩 Child (二人成行)	
16:30-17:20 活動報名為中午 12:00 前 Registration before 12:00 pm of the day	舒緩瑜珈 (A) Gentle Yoga (週一至週五) Mon.-Fri.	NT\$300 / 位 per person (9 歲以上)	蘭苑中餐廳戶外草皮
19:30 ~ 21:00 最晚 18:30 前報名 At the latest before 18:30 Registration	墾丁尋幽之旅 (A) Kenting Night Tour (週一至週五)	NT \$300 / 位 per person	飯店大廳 Hotel Lobby
	海角星空 (A) Starry Cape Tour (週六, 週日)	NT \$400/ 位 per person	
10:00 ~ 10:50	彩繪 DIY (B) Painting DIY	NT\$ 150 / 位 per person	休閒中心 Recreation Center
15:30 ~ 16:30	小小生態家 (B) Mini Ecologist	NT \$200 / 位 per person (6 歲以上)	
19:00 ~ 19:50	DIY 才藝教室 (B) KID'S DIY	NT\$ 150 / 位 per person	
09:30 ~ 12:00 適合 5-10 歲兒童 For children between the ages of 5-10	晨間兒童活動營 Mini Caesar Kid' s Camp	NT\$500 / 位 per person	休閒中心 Recreation Center
11:00~12:00 15:00~16:00	親子攀岩體驗 Kid' s Indoor Rock Climbing	免費參加 Guest Free	
14:00 ~ 17:00 適合 5-10 歲兒童 For children between the ages of 5-10	午間兒童活動營 Mini Caesar Kid' s Camp	NT\$ 800 / 位 per person	休閒中心 Recreation Center
20:30 ~ 20:45	海葵姐姐講故事 Adventure Story Time	免費參加 Guest Free	休閒中心 Recreation Center
20:45 ~ 21:00	尼莫哥哥帶動跳 Mini Disco		
21:10 ~ 21:30	賓果大驚喜 Bingo Surprise		
21:40~ 22:00	趣味攀岩 Fun Indoor Rock Climbing		
08:00 ~ 23:00	麻將棋藝室 Mahjong Chess Room	NT\$600 / 2hr	

- ✳ 各項活動行程皆須依照規定之身高及年齡參加，確保活動行程安全。
Participants of all events must meet the regulation requirements in height or age in order to ensure the safety of the participants under our care.
- ✳ 兒童活動營適合 5-10 歲兒童參加，該行程專為兒童設計，可放心將兒童交給休閒中心大哥哥大姐姐。
Mini Caesar Kids Camp is suitable for children between the ages of 5 - 10. The event is specially designed for children; parents can leave children in the hands of our personnel at the Recreation Center without worries.
- ✳ 患有腎臟病、糖尿病、氣喘、癲癇、心臟病、高(低)血壓等疾病患者、孕婦、飲酒過量及身體不適或精神狀況不佳者不建議參加。
Above activities are not recommended to those who has kidney disease / diabetic/ epilepsy/ hypertension/ heart disease.
- ✳ 各項活動皆為中文導覽行程，活動名額有限需事先報名，請洽 B1 休閒中心或撥 館內分機 7。
All of the activity are in Mandarin guidance. For registration or more information please dial 7 to contact with Recreation Center.
- ✳ 窩心慢日子三天兩夜 享有買 A 活動送 B 活動優惠 (活動以高價計算)。
Happy journey is of 3 days and 2 nights, buy an A event get a free B event promotion is available (event with the higher rate is calculated)